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GUIDES TO AVOID AGEISM IN COMMUNICATION (PARTIAL)

Global Campaign to Combat Ageism

Language and images convey meaning, which feed assumptions and judgments that can lead to ageism. The way we frame communications also affects how people think, feel and act towards different age groups. This short guide aims to help you improve your communication efforts by avoiding ageism in the messages and images you use.

Avoid overgeneralizations

Having the same age doesn't mean you're the same. Indeed, we become increasingly diverse as we age. Despite this reality, younger and older people tend to be portrayed in a homogeneous way as uniformly frail, vulnerable and dependent or invincible and active. Our life experiences and intrinsic capacity are only partially correlated with our age so assuming that every person of a given age is the same fails to accurately reflect the world around us. It is important that communication efforts reflect this heterogeneity in intrinsic capacity, life stories and realities within and across age groups.

Avoid the "problem" or fear-based frame

How we frame an issue matters. Warnings about the "silver tsunami", and the "graying population" evoke pictures of uncontrollable numbers of older adults who will pose a problem to society by requiring extensive support.

Avoid euphemisms

Use language that is objective and don't focus only on age, disability or stereotypes associated with different age groups.

Avoid 'othering'

"Othering" a group in society is not helpful or productive. It introduces an imaginary boundary between our present and future selves and reduces the public's sense that younger and older people deserve full inclusion in society.

Use neutral language

Where possible try to use inclusive language(e.g replace 'they' or 'them' with 'we' or 'us', where possible. insteadofsaying'whatyounger people need' try saying 'what we need when we're younger').

Gerontological Society on Aging, Harvey A. Friedman Center for Aging Age Inclusive Language Guidelines

• Use terms like "older adult," "older persons," or "older people" for describing people aged 65 and older or use a specific age-range (ex: "American women 75 years of age and older")

• Use person-first language when speaking about an individual's diseases or functional limitations (ex: "Person with diabetes")

• Avoid terms that suggest helplessness of people with diseases (ex: instead of "suffering from arthritis" say "diagnosed with arthritis")

• Avoid fatalistic phrases about an aging society that suggest it's a disaster to be avoided (ex: instead of "silver tsunami" say "increase in number of older adults")

American Medical Association:

• Use terms like older persons, older people, older adults, older patients, older individuals, persons 65 years and older, or the older population

• In studies that involve human beings, age should always be given specifically (ex: older people aged 75 to 84 years)

• Avoid "othering" terms like seniors, elderly, aged, aging dependents, old-old, youngold, or other similar phrases

American Psychological Association

- Use phrases like "older adult," "older patients," or "older individuals"
- Convey aging as a normal human experience
- Avoid using terms like "senior," "elderly," and "the aged" because they are othering
- Avoid fatalistic attitudes about aging, such as age or aging societies being an obstacle to overcome
- Avoid terms like "senile" or "senility" because these are outdated and have no agreed upon definition

Associated Press:

• Aim for specificity when space allows (ex: "Delivery man charged in fatal attack on woman, 89" rather than "Delivery man charged in fatal attack on elderly woman")

- Use "older adult," "older person," or "older people" instead of "elderly or "seniors
- Clarify age ranges when speaking about "older adults" (ex: "new housing for people over 65")

Avoid terms like "seniors" or "elderly" in reference to individuals or groups, and only use those terms when someone prefers

Home Repair Funding Programs (Partial)

Resistance to Home Modifications is due in large part to Cost, the Fragmented System of Home Repair Resources & Ageism. This is a partial list of Home Repair Funding Programs and Home Accessibility Checklists

FEDERAL

HUD CDBG DOE Weatherization Program DOE IRA Rebates HUD Healthy Homes FHA 203(k) Rehabilitation Mortgage Insurance FHA Title 1 Loans USDA Section 504 VA HISA, SAH, and SHA HHS Administration for Community Living FEMA Individual Assistance FEMA Hazard Mitigation Assistance Grant SBA Disaster Loans

STATE AND LOCAL

State & Local Home Modification Loans HFA Home Repair Loans HFA Energy retrofit loans & rebates State Energy Commission Utility Incentives Pennsylvania Whole-Home Repairs Program Municipal Programs

CIVIL SECTOR & INCENTIVE

Rebuilding Together California Assistive Technology Program CAPABLE: Advancing Better Living for Elders Disabled Person Home Purchase or Retrofit Credit (GA) Elevate (Chicago) Green and Healthy Homes Initiative Habitat for Humanity Home Hazard Removal Program (NCOA)

Personal Funding Sources

Home Equity, Reverse Mortgage Senior bridge loans Medically Underwritten Single Premium Immediate Annuity True Freedom Home Care Plan Long Term Care Insurance Life Insurance - Life Settlement

Home Modification Loan Pgm (MA) HopeBUILDERS (Kansas City) ColIncome Tax Credit for Retrofitting Home for Health (CO) Nehemiah Project (Atlanta) Rhode Island Livable Home Modification Grant Safe at Home Program (DC) St. Bernard Project (SBP)

Home Modification Accessibility Checklists (Partial)

AARP HomeFit Guide **ABLE Environments Home Modification Checklist:** Administration for Community Living Home Modifications Fact Sheet Age Safe America Home Safety Assessment Checklist. Americans with Disabilities Act (ADA) Checklist DwellSafe AI Home Assessment Eldercare Locator Home Modification Resources Executive Certification n Home Modification (ECHM) Checklist Fair Housing Act (FHA) Design Manual Home Instead Home Safety Self Assessment Tool (HSSAT) Kelsey Home Accessibility Guidelines, The LifeLong Housing (LLH) Certification Live in Place Designs Home Modification Checklist Modernize Home Accessibility Checklist National Association of Home Builders (NAHB) (CAPS) Rebuilding Together Safe At Home Checklist **RESO Data Dictionary** Rosarium Health Compliance Checklist for Home Modifications Senior Home Coach Assessment Senior Real Estate Specialist (SRES) Silver Spaces Home Assessment TrueBlue Home Service Ally Checklist Universal Design Services Home Accessibility Checklist VGM Live at Home Accessibility Checklist



